



WHAT WE DO:

LHCC provides dedicated male and female accommodation, specialist care and support services for people with mental health problems. The people we care for, often have complex needs; maybe recovering from alcohol and illicit substances misuse, and/or have a history of involvement with the criminal justice system. Most of our residents will have previously been detained in hospital under the Mental Health Act and some are subject to Home Office/ MOJ restriction orders.

MOVING ON:

"LHCC run an active moving on plan integrated with the MDT team which is put in place as soon as the service user starts placement. We aim to achieve an average stay of no more than two years empowering our service users to function independently and safely in the community."

*WE COMMIT TO ASSESS ALL REFERRALS
IRRESPECTIVE OF COMPLEXITY*

EDUCATION:

LHCC has been approved as a training organisation by Middlesex University for student nurses. Furthermore, we have extended our services and have acquired two colleges based in Stratford City that offers a wide range of courses to the public, international students and to our service users at concession rate. Our staff also benefit from various courses/ training programmes through our colleges as part of their CPD (Continuous Professional Development) e.g. NVQ's to Master Level in Health and Social Care.

working in partnership with



Middlesex
University



Referrals:

Referrals- LHCC Ltd
117-121 High Road
Leyton
London
E15 2DE

Switchboard: 0203 005 9635/6- Ext 232/235
Other: 0208 539 4699
Eshan: 0203 005 9635 (Ext 281)/ 07940 521 290
Email: referrals@lhcclimited.co.uk

COMMUNITY LINKS

Leyton Orient Football Club- LBWF Recycling Project- Mind- Middlesex University- Ariel International College- Waltham Forest College- Newham College- Local Pharmacists- Local GP's- Child Protection Services- Job Centre Plus- Reed- LBWF—Housing Services- Newham Housing Services- Turning Point- PohWER Advocacy- MAPPA-FIDAS- Local day centres- Ferguson Centre- Queens Road Centre- Richmond Fellowship- Pritchard Road Day Centre- Local Libraries- Local Mobility Team- Healthy Living Project- Black People Mental Health Association- ReWork...etc...

www.lhcclimited.co.uk

Leyton House Community Care

Providing quality care for people
with mental health support needs





OUR PROJECTS

LHCC Ltd has several care homes, 24hr supported living schemes, 9 to 5 shared supported living units and fully independent 1 or 2 bedroom flats with outreach services.

OUR SERVICES

Our services range from the provision of accommodation and intensive care and support in our registered care settings, through less intensively supported living- based accommodation projects, to providing outreach floating support to people in our fully independent flats or third party providers. As service users move to more independent accommodation, we ensure that the transition to independent living is taken in gradual steps which are manageable for the service user whilst providing best value for the sponsoring authority.

MODEL OF CARE

Through the application of the Wellness Recovery Action Plan (WRAP) approach and our tailored care/ support plan, all users are individually assessed and empowered to develop their potential and lead independent lives in the community. 'Service Users' care/support plans are tailored to the individual, but the ranges of needs we aim to meet, include those relating to independent living skills, such as; budgeting, shopping, cooking, cleaning, and personal hygiene, support around medication, claiming benefits, literacy, and numeracy, skills, leisure activities, education, maintaining tenancy, social inclusion and employment opportunities.

CARE HOME

Registered care home providing 24 hour high support forensic mental health care. East London location, 10 minutes from the Olympic park 2012, with excellent local amenities with both the national and international transport links. Highly trained and responsive staff team. Regular care and support planning with dedicated key workers. 24 hour on call manager. Dedicated activities co-ordinator. Fully furnished single en-suite rooms. A safe and stable environment, allowing service users to move on at their own pace to independent living. Tailor made packages of care to ensure that our services match the individual needs of our service users. Specialist support for complex needs and difficult to place clients. Free WiFi internet connection. Dedicated support for residents' employability and digital inclusion.

Staged move into our semi independent accommodation or flats. Emotional support and life skills training. Finance and budgeting. Cooking and housekeeping skills. Social skills, specifically how to form appropriate relationships. Access to employment and education. Highly competitive "Spot Bed" Rates. Planned and managed programmes of therapeutic and other meaningful activity. an approach to care and support underpinned by the recovery approach. Supported living accommodation.

SUPPORTED LIVING ACCOMADATION

Accommodation ranges from en-Suite single bedroom to studio flat. Support developing self confidence and social skills. Help to manage own home. Encourage to participate within the local community. Assistance with managing finances, including the right use of benefits. Assistance in considering housing options and in making use of Newham and Waltham Forest's housing advice and options services. Information on the full range of resources and organisations that might be of benefit to you. Support with your dealings with statutory and community agencies. Help with issues surrounding moving home. General counselling and emotional support. Tailored support and planning. Mental and physical health. Benefits advice. Life- Skills training and practical support.

FLOATING SUPPORT (OUTREACH)

Regular visit from experienced and qualified staff to facilitate:
Access to appropriate education and training services
Arranging and supporting leisure and cultural activities
Anger management or substance misuse
Managing debt, budgeting, and accessing welfare benefits
Confidence building and social networking
Access to health and legal services
Finding or setting up a home?
Accessing a course of study or finding paid or voluntary work?
Counselling, mediation or other advice
Dealing with medication
Developing domestic or other social skills
To manage their own home
Participating in the local community